

Locations



Island Health Center Physical Therapy

310 Taughannock Blvd.
Ithaca, NY 14850
(607) 252-3500



Brentwood Physical Therapy

10 Brentwood Dr., Suite A
Ithaca, NY 14850
(607) 274-4159



Cortland Physical Therapy

1129 Commons Ave.
Cortland, NY 13052
(607) 252-3500

Physical Therapy

FUNCTIONAL CAPACITY
EVALUATIONS



Cayuga Medical Center
Physical Therapy
(607) 252-3500
www.cayugamed.org



A Member of Cayuga Health System

Welcome to Physical Therapy at Cayuga Medical Center



With an experienced team of physical therapists and physical therapist assistants, Cayuga Medical Center continues as the area's leader in physical therapy services. Our team has extensive training, expertise, and professional certifications that are unmatched in the Finger Lakes region.

We provide therapeutic and rehabilitation services for both our active and recuperating clientele of all ages.

FUNCTIONAL CAPACITY EVALUATIONS

A Functional Capacity Evaluation (FCE) is a systematic process of measuring an individual's capacity to dependably sustain his or her performance of broadly defined work responsibilities.

During an FCE, the worker performs various activities that simulate on-the-job work while a physical therapist certified in functional capacity evaluation measures that individual's maximal functional level. The FCE is based on the Matheson System, which combines the highest level of safety with objective findings. This assessment methodology provides crucial information in developing an effective return-to-work program for an injured worker.

Who should have a Functional Capacity Evaluation?

A worker who has been injured on the job and has participated in rehabilitation may need to have an FCE to determine if he or she is ready to return to work.

What are the benefits?

- An objective assessment of a worker's capacity to return to work after injury
- The identification of any modifications that might be made at work before the worker returns to the job
- An evaluation of the level of the worker's function for job retraining, should he or she be unable to return to the previous job

Where is the service provided?

Functional Capacity Evaluations are performed at our Brentwood Drive location.

Does my insurance cover this?

Workers' Compensation typically covers Functional Capacity Evaluations that are performed by a licensed physical therapist, but other health insurance plans usually do not cover this cost. Check with the benefits manager at your place of employment before scheduling an appointment.



How do I get started?

You need a referral from your physician and a payment agreement from your employer and/or Worker's Compensation to have a Functional Capacity Evaluation. To schedule an appointment, call (607) 274-4159.